

Protect Yourself and the Community



Wash your hands for 20 seconds or more

Make bubbles and rub your hands and nails.



Or use hand sanitizer



Do not touch your face with hands or gloves

Bring extra clothes to wear at work

Change into extra clothes when you get to work. Before you go home change back into clean clothes. Wash work clothes at home.

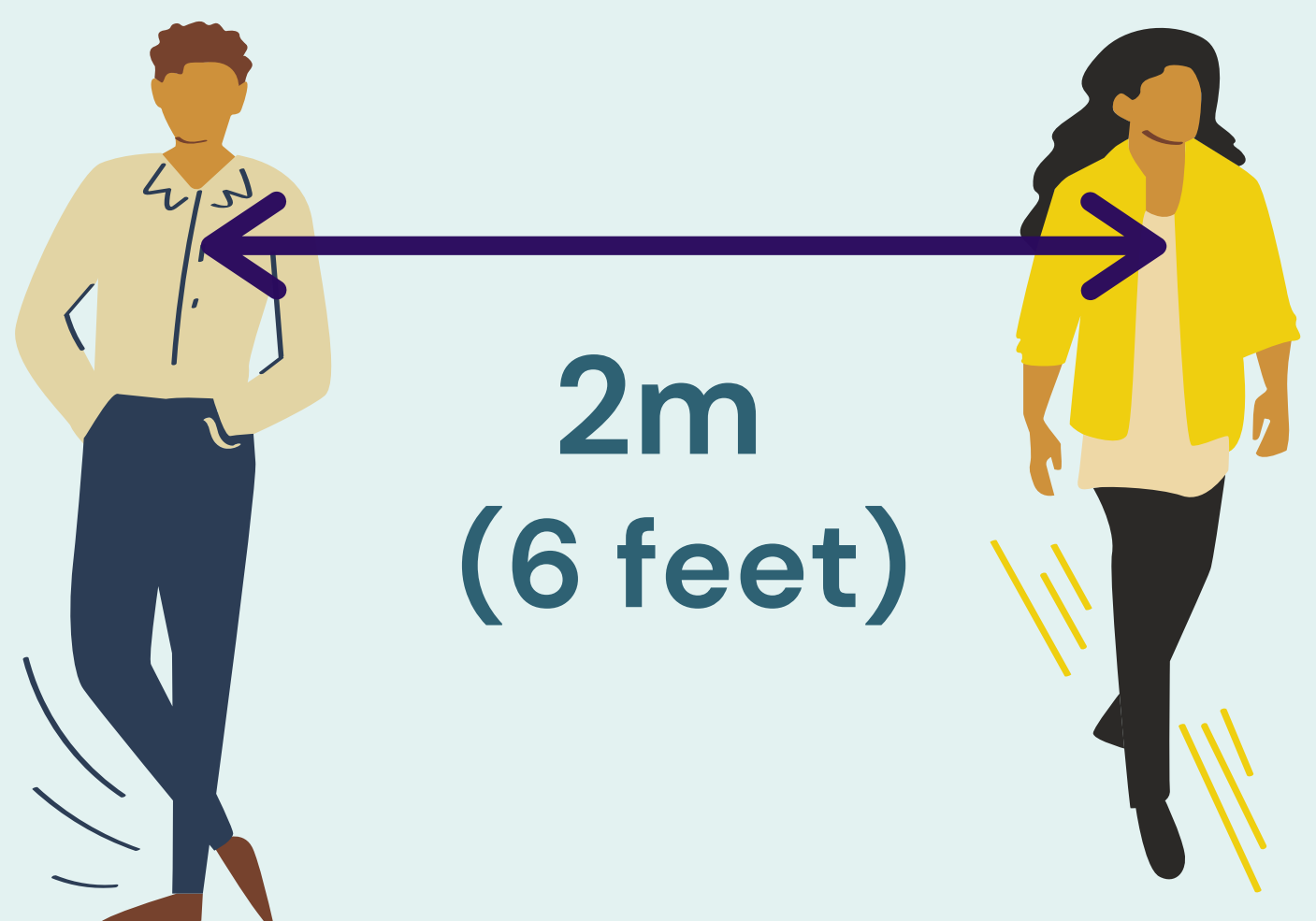


Cough or sneeze into your bent elbow

Remember to wash your hands after!

Keep Your Distance

Keep at least 2 metres between people



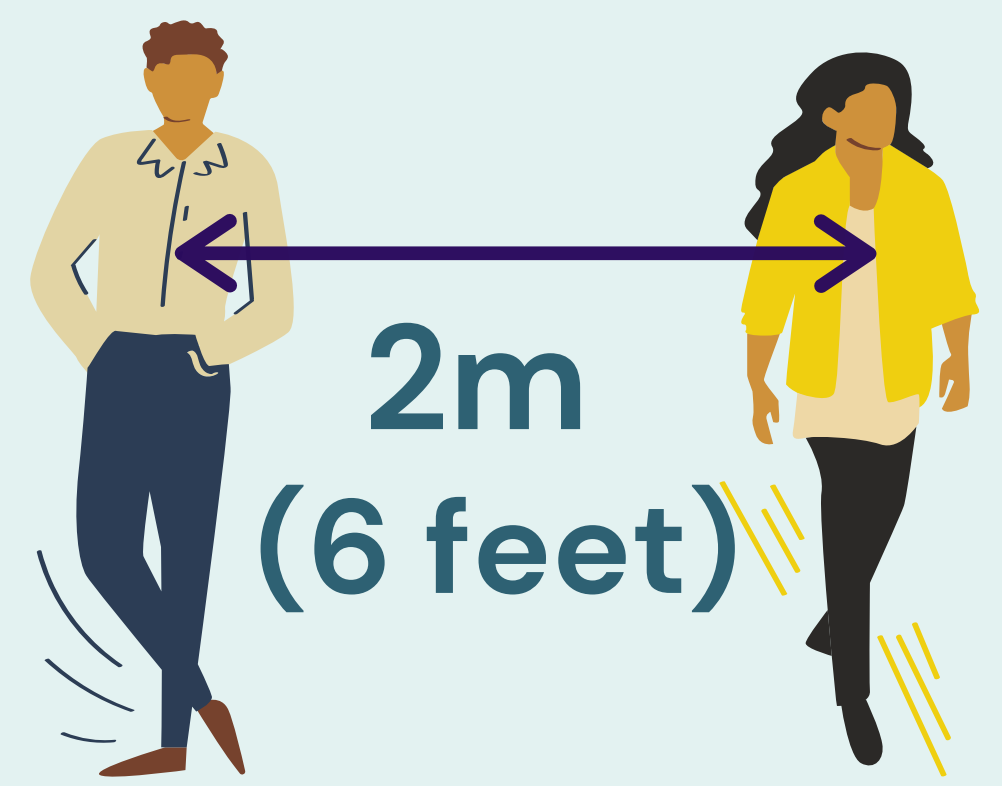
PPE to Wear



With clients =



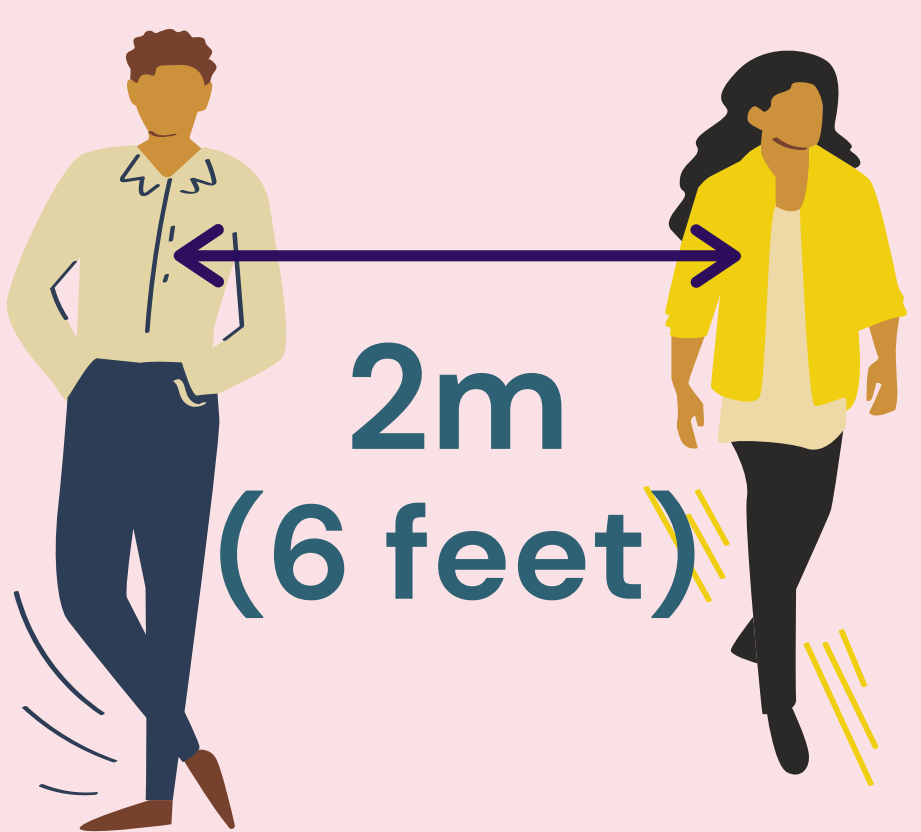
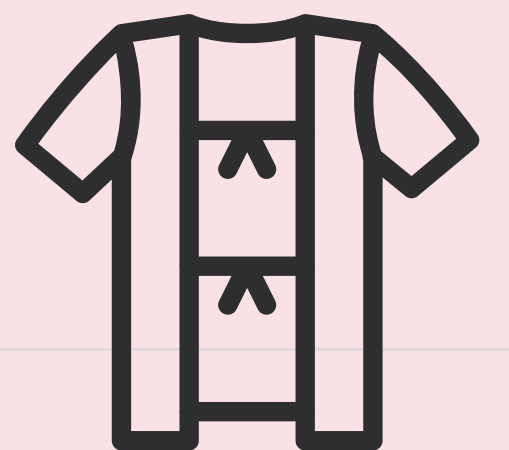
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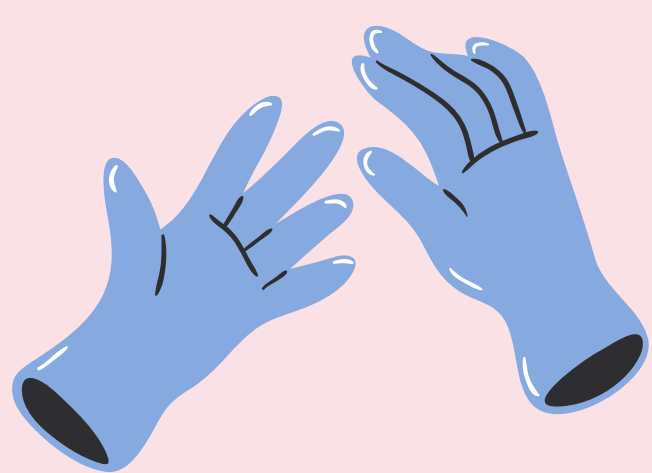
With sick clients =



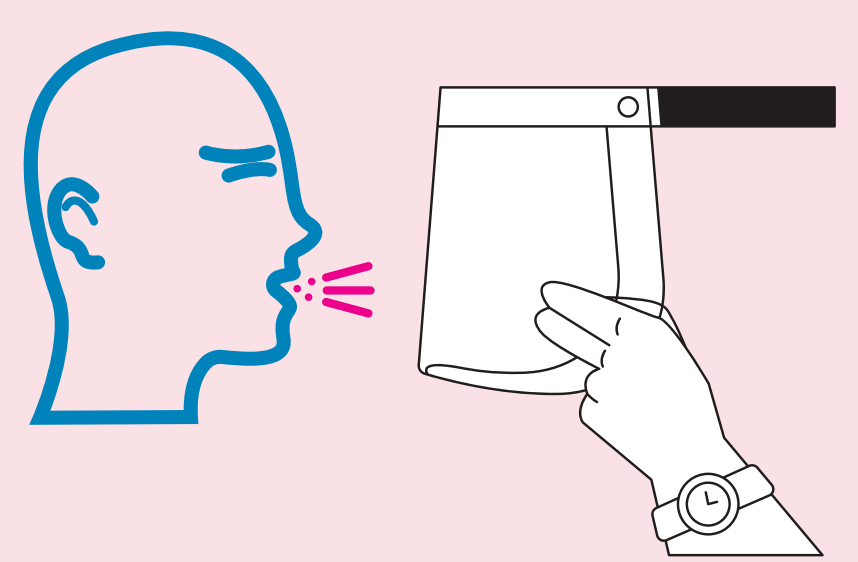
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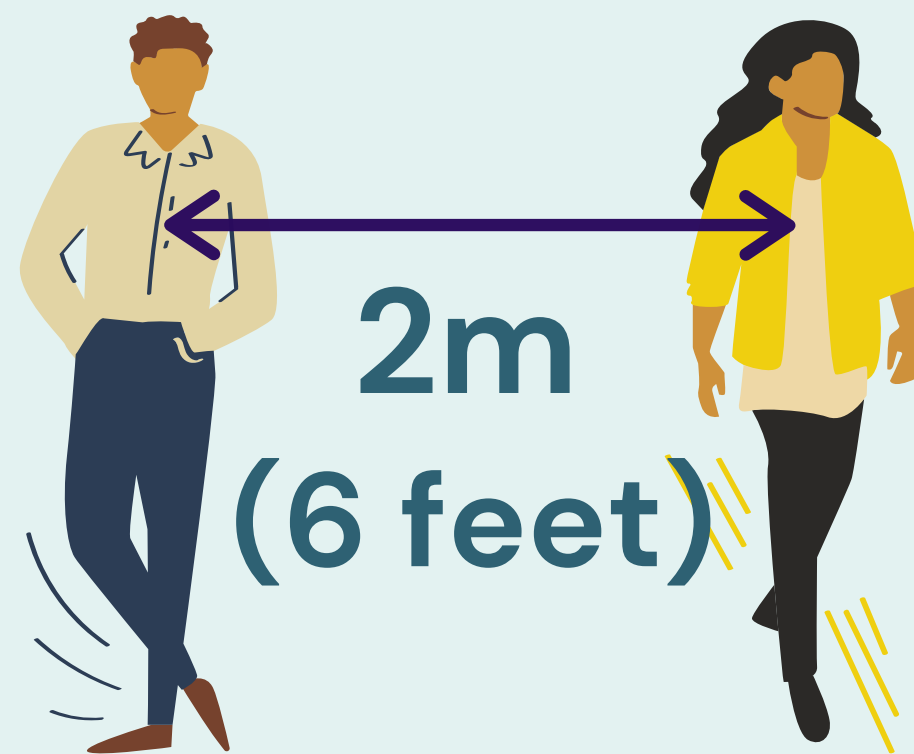
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In office with staff =



OR



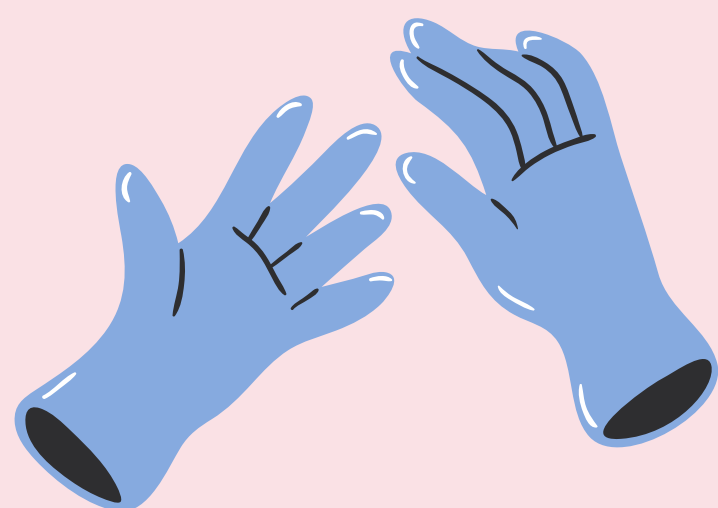
Cleaning =



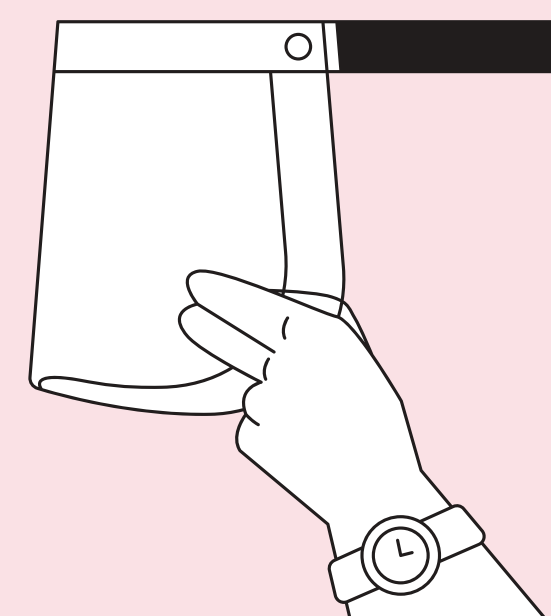
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If chance of splash wear mask

Created in alignment with the **Ministry of Health COVID-10 Guidance: Homeless Shelters and the COVID-19 Community Medical Team of Kitchener Waterloo**

Reuse of PPE

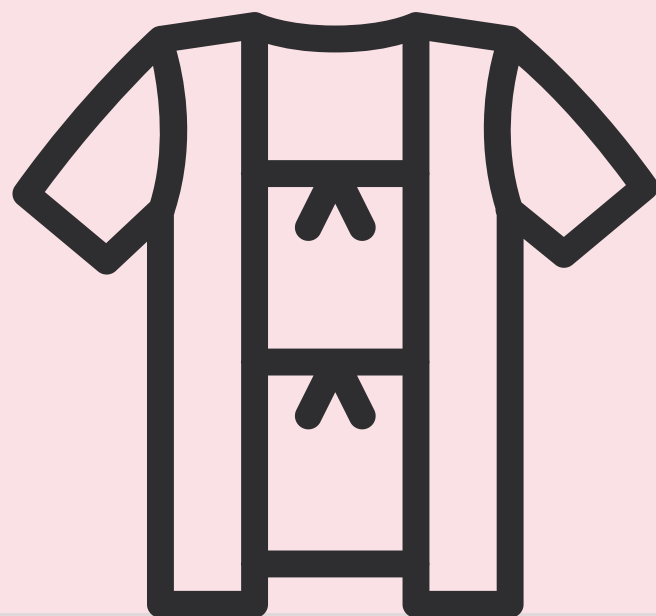


Gloves =



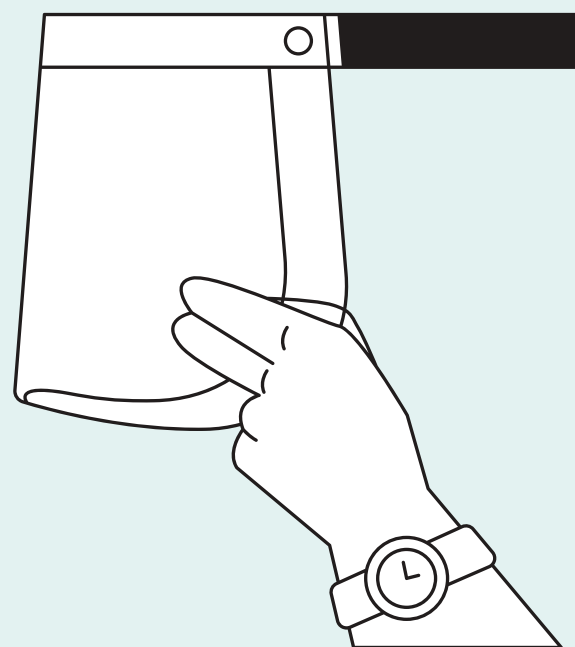
Use once

Gown =



**1 per shift
unless dirty**

Face Shield =



**Keep it clean, wash
with soap and
water**