

# Baby & Me Breastfeeding Drop-In

Waterloo Early Years Centre - 161 Rogers St: Mondays 10:00 - 11:00am



- Ask breastfeeding questions
- Meet other experienced breastfeeding moms
- Learn about community resources
- Get tips on breastfeeding and returning to work

All Breastfeeding Buddie Program  
Volunteers receive the 20 hour  
WHO breastfeeding training and  
have breastfeed their own children!



breastfeeding  
buddies

For more information :  
Call 519 772-1016 OR email [mbuckner@kdchc.org](mailto:mbuckner@kdchc.org)